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**RECORDS RSA Team Record**
**Yards-Women**

10 & U	50 Free	26.89	<b>1-Feb-00</b>	RSA NC	Julie Smith		
	100 Free	59.42	<b>1-Jan-80</b>	RSA NC	Emily Cowling		
	200 Free	2:09.84	<b>1-Jan-76</b>	RSA NC	S. Cruze		
	500 Free	5:57.49	<b>1-Jan-80</b>	RSA NC	Emily Cowling		
	1000 Free	12:43.39	<b>13-Nov-09</b>	RSA NC	Kate R Moore at 2009 RSA-NCAC-GSA Tri Meet		
	1650 Free	20:24.93	<b>3-Jan-10</b>	RSA NC	Kate R Moore at 2010 NC RSA January Distance Day Meet		
	50 Back	31.58	<b>18-Feb-10</b>	RSA NC	Kate R Moore at 2010 NCS 14 & Under Age Group Championships		
	100 Back	1:08.03	<b>18-Feb-10</b>	RSA NC	Kate R Moore at 2010 NCS 14 & Under Age Group Championships		
	50 Breast	33.24	<b>1-Jan-00</b>	RSA NC	Julie Smith		
	100 Breast	1:15.72	<b>1-Jan-00</b>	RSA NC	Julie Smith		
	50 Fly	29.91	<b>1-Jan-85</b>	RSA NC	Cara Dunaway		
	100 Fly	1:07.60	<b>1-Jan-87</b>	RSA NC	Meagan Lincoln		
	100 IM	1:07.96	<b>1-Jan-01</b>	RSA NC	Teresa Long		
	200 IM	2:26.84	<b>1-Jan-98</b>	RSA NC	Iris Simpson		
	200 Free Relay	1:58.45	<b>15-Jan-10</b>	RSA NC	RSA	C. Li, S. Laino, O. Carter, K. Moore	
	200 Medley Relay	2:09.89	<b>15-Jan-10</b>	RSA NC	RSA	K. Moore, C. Li, O. Carter, S. Laino	
	11-12	50 Free	23.93	<b>14-Mar-02</b>	RSA NC	Julie Smith at Age Group Sectionals	
		100 Free	52.72	<b>20-Mar-03</b>	RSA NC	Teresa Long	
		200 Free	1:53.96	<b>1-Jan-03</b>	RSA NC	Teresa Long	
		500 Free	5:18.09	<b>1-Jan-90</b>	RSA NC	Carissa Sipp	
1000 Free		10:50.90	<b>1-Jan-03</b>	RSA NC	Teresa Long		
1650 Free		18:06.27	<b>1-Jan-84</b>	RSA NC	Suzanne Gardiner		
50 Back		28.41	<b>21-Feb-02</b>	RSA NC	Julie Smith at 14 & Under AG Champs		
100 Back		1:00.60	<b>19-Feb-09</b>	RSA NC	Hannah M. Moore at 2009 NC 14&U Age Group Championships		
200 Back		2:10.47	<b>12-Mar-09</b>	RSA NC	Hannah M. Moore at 2009 SZ Eastern Sect AG Champs		
50 Breast		30.53	<b>1-Jan-00</b>	RSA NC	Sarah Nowell		
100 Breast		1:07.38	<b>1-Jan-00</b>	RSA NC	Sarah Nowell		
200 Breast		2:28.19	<b>1-Jan-01</b>	RSA NC	Bryttany Curran		
50 Fly		26.69	<b>1-Jan-02</b>	RSA NC	Blair Cross		
100 Fly		1:01.35	<b>10-Dec-04</b>	RSA NC	Sarah M Henry at 2004 NC WAVE Fall States Invitational		
200 Fly		2:14.05	<b>20-Mar-09</b>	RSA NC	Hannah M. Moore at 2009 NC WAVE Tarheel States Invitational		
100 IM		1:01.13	<b>14-Mar-02</b>	RSA NC	Julie Smith at AGE group sec.02		
200 IM		2:13.07	<b>18-Oct-02</b>	RSA NC	Julie Smith at RSA Senior Kickoff - 2002		
400 IM		4:40.92	<b>14-Mar-02</b>	RSA NC	Julie Smith at AGE group sec.02		
200 Free Relay		1:40.18	<b>1-Jan-02</b>	RSA NC	RSA	B Copeland, B Cross, T Long, J Smith	
400 Free Relay		3:44.61	<b>1-Jan-02</b>	RSA NC	RSA	J Smith, T Long, B Cross, B Copeland	
200 Medley Relay	1:53.30	<b>1-Jan-02</b>	RSA NC	RSA	J Smith, B Copeland, B Cross, T Long		
400 Medley Relay	4:14.53	<b>19-Feb-09</b>	RSA NC	RSA	H Moore, R Hatt, M Owens, J Barham		
13-14	50 Free	22.95	<b>1-Jan-04</b>	RSA NC	Julie Smith		
	100 Free	50.10	<b>1-Jan-04</b>	RSA NC	Julie Smith		
	200 Free	1:51.03	* <b>5-Dec-08</b>	RSA NC	Henriette J. Stenkvist at 2008 RSA Reindeer Meet		
	200 Free	1:51.03	* <b>29-Jan-09</b>	RSA NC	Henriette J. Stenkvist at 2009 NCS Senior Championships Short Course		
	500 Free	4:53.40	<b>29-Jan-09</b>	RSA NC	Henriette J. Stenkvist at 2009 NCS Senior Championships Short Course		
	1000 Free	10:05.50	<b>29-Jan-09</b>	RSA NC	Henriette J. Stenkvist at 2009 NCS Senior Championships Short Course		
	1650 Free	17:02.67	<b>16-Jan-09</b>	RSA NC	Henriette J. Stenkvist at 2009 NC RSA January Jubilee Meet		
	100 Back	55.84	<b>29-Jan-09</b>	RSA NC	Henriette J. Stenkvist at 2009 NCS Senior Championships Short Course		
	200 Back	1:57.36	<b>16-Jan-09</b>	RSA NC	Henriette J. Stenkvist at 2009 NC RSA January Jubilee Meet		
	100 Breast	1:04.64	<b>20-Feb-03</b>	RSA NC	Julie Smith at NCS Senior Champs 2003		

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**RECORDS RSA Team Record**

13-14	200 Breast	2:20.41	<b>21-Mar-06</b>	RSA NC	Sarah M Henry at NCSA Junior Nationals 2006 SCY
	100 Fly	57.29	<b>1-Jan-00</b>	RSA NC	Stephanie Glover
	200 Fly	2:06.97	<b>1-Jan-85</b>	RSA NC	Suzanne Gardner
	200 IM	2:02.31	<b>22-Mar-04</b>	RSA NC	Julie Smith at 2004 SC NCSA Junior National Championships
	400 IM	4:25.29	<b>1-Dec-06</b>	RSA NC	Sarah M Henry at 2006 NC NSS 13-14/Senior Winter Invitational
	200 Free Relay	1:36.28	<b>19-Feb-04</b>	RSA NC	RSA J Smith, B Copeland, B Cross, T Long
	400 Free Relay	3:27.83	<b>1-Jan-04</b>	RSA NC	RSA T Long, B Cross, B Copeland, J Smith
	800 Free Relay	7:49.91	<b>1-Jan-05</b>	RSA NC	RSA T Long, M Dettloff, S Henry, E Farmer
	200 Medley Relay	1:48.96	<b>1-Jan-04</b>	RSA NC	RSA J Smith, B Copeland, B Cross, T Long
	400 Medley Relay	3:54.78	<b>1-Jan-04</b>	RSA NC	RSA M Dettloff, J Smith, B Cross, T Long
15-16	50 Free	23.55	<b>1-Jan-05</b>	RSA NC	Julie Smith
	100 Free	50.88	<b>1-Jan-05</b>	RSA NC	Julie Smith
	200 Free	1:47.23	<b>5-Dec-08</b>	RSA NC	Sarah M Henry at 2008 RSA Reindeer Meet
	500 Free	4:48.14	<b>4-Mar-10</b>	RSA NC	Henriette J. Stenkvist at 2010 USA Swimming Austin Grand Prix
	1000 Free	9:49.56	<b>5-Dec-08</b>	RSA NC	Sarah M Henry at 2008 RSA Reindeer Meet
	1650 Free	16:58.16	<b>2-Nov-08</b>	RSA NC	Sarah M Henry at 2008 NC RSA November Distance Day
	100 Back	54.14	<b>4-Mar-10</b>	RSA NC	Henriette J. Stenkvist at 2010 USA Swimming Austin Grand Prix
	200 Back	1:56.12	<b>4-Mar-10</b>	RSA NC	Henriette J. Stenkvist at 2010 USA Swimming Austin Grand Prix
	100 Breast	1:02.21	<b>21-Mar-06</b>	RSA NC	Melanie Roberts at NCSA Junior Nationals 2006 SCY
	200 Breast	2:13.22	<b>20-Mar-07</b>	RSA NC	Sarah M Henry at NCSA Junior Nationals 2007-Short Course
	100 Fly	54.74	<b>18-Mar-08</b>	RSA NC	Hannah Caron at 2008 NCSA Jr Nat
	200 Fly	1:59.96	<b>14-Dec-07</b>	RSA NC	Hannah Caron at 2007 NC RSA Reindeer Meet
	200 IM	2:00.54	<b>5-Dec-08</b>	RSA NC	Sarah M Henry at 2008 RSA Reindeer Meet
	400 IM	4:14.69	<b>20-Mar-07</b>	RSA NC	Sarah M Henry at NCSA Junior Nationals 2007-Short Course
	17-18	50 Free	23.60	<b>13-Mar-03</b>	RSA NC
100 Free		50.15	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
200 Free		1:45.76	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
500 Free		4:40.63	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
1000 Free		9:38.30	<b>5-Mar-09</b>	RSA NC	Sarah M Henry at 2009 NC SZ Eastern Section Sr. Champs
1650 Free		16:04.89	<b>16-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NC RSA January Jubilee Meet
100 Back		56.38	<b>13-Mar-03</b>	RSA NC	Stephanie Glover at Southern Zone Eastern Senior Sectional
200 Back		2:02.38	<b>13-Mar-03</b>	RSA NC	Stephanie Glover at Southern Zone Eastern Senior Sectional
100 Breast		1:01.30	<b>20-Mar-07</b>	RSA NC	Melanie Roberts at NCSA Junior Nationals 2007-Short Course
200 Breast		2:10.79	<b>5-Mar-09</b>	RSA NC	Sarah M Henry at 2009 NC SZ Eastern Section Sr. Champs
100 Fly		54.02	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
200 Fly		1:57.35	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
200 IM		1:57.43	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
400 IM		4:07.79	<b>5-Mar-09</b>	RSA NC	Sarah M Henry at 2009 NC SZ Eastern Section Sr. Champs
18 & U		200 Free Relay	1:33.54	<b>1-Jan-04</b>	RSA NC
	400 Free Relay	3:24.11	<b>1-Jan-04</b>	RSA NC	RSA T Long, S Glover, K Shishkoff, J Smith
	800 Free Relay	7:28.38	<b>5-Mar-09</b>	RSA NC	RSA H. Stenkvist, T. Bussey, S. Henry, C. Nobles
	200 Medley Relay	1:44.34	<b>1-Jan-04</b>	RSA NC	RSA S Glover, B Curran, A Duncan, J Smith
	400 Medley Relay	3:45.46	<b>5-Mar-09</b>	RSA NC	RSA H. Stenkvist, T. Bussey, S. Henry, K. Repke
Open	50 Free	22.95	<b>1-Jan-04</b>	RSA NC	Julie Smith
	100 Free	50.10	<b>1-Jan-05</b>	RSA NC	Julie Smith
	200 Free	1:45.76	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
	500 Free	4:40.63	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
	1000 Free	9:38.30	<b>5-Mar-09</b>	RSA NC	Sarah M Henry at 2009 NC SZ Eastern Section Sr. Champs

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**RECORDS RSA Team Record**

Open	1650 Free	16:04.89	<b>16-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NC RSA January Jubilee Meet
	100 Back	54.14	<b>4-Mar-10</b>	RSA NC	Henriette J. Stenkvist at 2010 USA Swimming Austin Grand Prix
	200 Back	1:56.12	<b>4-Mar-10</b>	RSA NC	Henriette J. Stenkvist at 2010 USA Swimming Austin Grand Prix
	100 Breast	1:01.30	<b>20-Mar-07</b>	RSA NC	Melanie Roberts at NCSA Junior Nationals 2007-Short Course
	200 Breast	2:10.79	<b>5-Mar-09</b>	RSA NC	Sarah M Henry at 2009 NC SZ Eastern Section Sr. Champs
	100 Fly	54.02	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
	200 Fly	1:57.35	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
	200 IM	1:57.43	<b>29-Jan-09</b>	RSA NC	Sarah M Henry at 2009 NCS Senior Championships Short Course
	400 IM	4:07.79	<b>5-Mar-09</b>	RSA NC	Sarah M Henry at 2009 NC SZ Eastern Section Sr. Champs
	200 Free Relay	1:33.54	<b>22-Mar-04</b>	RSA NC	RSA T Long, S Glover, K Shishkoff, J Smith
	400 Free Relay	3:24.11	<b>22-Mar-04</b>	RSA NC	RSA T Long, S Glover, K Shishkoff, J Smith
	800 Free Relay	7:28.38	<b>5-Mar-09</b>	RSA NC	RSA H. Stenkvist, T. Bussey, S. Henry, C. Nobles
	200 Medley Relay	1:44.34	<b>22-Mar-04</b>	RSA NC	RSA S Glover, B Curran, A Duncan, J Smith
	400 Medley Relay	3:45.46	<b>5-Mar-09</b>	RSA NC	RSA H. Stenkvist, T. Bussey, S. Henry, K. Repke

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**RECORDS RSA Team Record**
**Yards-Men**

10 & U	50 Free	26.68	<b>24-Feb-05</b>	RSA NC	Andrew Henry at 2005 NC 14 & Under Age Group Championships
	100 Free	57.98	<b>24-Feb-05</b>	RSA NC	Andrew Henry at 2005 NC 14 & Under Age Group Championships
	200 Free	2:05.34	<b>24-Feb-05</b>	RSA NC	Andrew Henry at 2005 NC 14 & Under Age Group Championships
	500 Free	5:43.80	<b>17-Mar-05</b>	RSA NC	Andrew Henry at 2005 Southern Zone Eastern Sect AG Champs
	1000 Free	13:17.20	<b>4-Jan-09</b>	RSA NC	Will Ritchie at 2009 NC RSA January Distance Day Meet
	1650 Free	20:47.52	<b>1-Jan-77</b>	RSA NC	Tom Virag
	50 Back	30.93	<b>1-Jan-99</b>	RSA NC	Bryan O'Connor
	100 Back	1:06.97	<b>1-Jan-99</b>	RSA NC	Bryan O'Connor
	50 Breast	34.90	<b>14-Mar-02</b>	RSA NC	Brent Curtis at Age Group Sectionals
	100 Breast	1:17.01	<b>1-Jan-92</b>	RSA NC	Ben Armstrong
	50 Fly	29.68	<b>24-Feb-05</b>	RSA NC	Andrew Henry at 2005 NC 14 & Under Age Group Championships
	100 Fly	1:07.34	<b>1-Jan-99</b>	RSA NC	Bryan O'Connor
	100 IM	1:07.07	<b>24-Feb-05</b>	RSA NC	Andrew Henry at 2005 NC 14 & Under Age Group Championships
	200 IM	2:26.11	<b>1-Jan-99</b>	RSA NC	Bryan O'Connor
	200 Free Relay	1:54.40	<b>17-Mar-05</b>	RSA NC	RSA G Davis, W Sigmon, S Dove, A Henry
	200 Medley Relay	2:11.21	<b>14-Mar-02</b>	RSA NC	RSA J Denmark, B Curtis, D Kab, D Rudio
11-12	50 Free	24.17	<b>22-Feb-07</b>	RSA NC	Andrew Henry at 2007 NC 14 & Under Age Group Championships
	100 Free	52.24	<b>22-Feb-07</b>	RSA NC	Andrew Henry at 2007 NC 14 & Under Age Group Championships
	200 Free	1:53.83	<b>15-Mar-07</b>	RSA NC	Andrew Henry at 2007 NC Southern Zone Eastern Sect AG Champs
	500 Free	5:10.11	<b>15-Mar-07</b>	RSA NC	Andrew Henry at 2007 NC Southern Zone Eastern Sect AG Champs
	1000 Free	10:48.78	<b>1-Jan-01</b>	RSA NC	Bryan O'Connor
	1650 Free	18:06.98	<b>1-Jan-76</b>	RSA NC	K Woody
	50 Back	27.91	<b>15-Mar-07</b>	RSA NC	Andrew Henry at 2007 NC Southern Zone Eastern Sect AG Champs
	100 Back	58.80	<b>22-Feb-07</b>	RSA NC	Andrew Henry at 2007 NC 14 & Under Age Group Championships
	200 Back	2:07.93	<b>15-Mar-07</b>	RSA NC	Andrew Henry at 2007 NC Southern Zone Eastern Sect AG Champs
	50 Breast	30.21	<b>21-Feb-08</b>	RSA NC	Bailey Maloney at 2008 NCS 14 & Under Age Group Championships
	100 Breast	1:05.58	<b>1-Jan-94</b>	RSA NC	Ben Armstrong
	200 Breast	2:27.66	<b>18-Jan-08</b>	RSA NC	Bailey Maloney at 2008 NC RSA January Jubilee
	50 Fly	26.50	<b>22-Feb-07</b>	RSA NC	Andrew Henry at 2007 NC 14 & Under Age Group Championships
	100 Fly	58.09	<b>1-Jan-99</b>	RSA NC	Kyle Kluba
	200 Fly	2:11.85	<b>1-Jan-01</b>	RSA NC	Bryan O'Connor
	100 IM	59.49	<b>15-Mar-07</b>	RSA NC	Andrew Henry at 2007 NC Southern Zone Eastern Sect AG Champs
	200 IM	2:08.41	<b>15-Mar-07</b>	RSA NC	Andrew Henry at 2007 NC Southern Zone Eastern Sect AG Champs
	400 IM	4:35.05	<b>15-Mar-07</b>	RSA NC	Andrew Henry at 2007 NC Southern Zone Eastern Sect AG Champs
	200 Free Relay	1:43.23	<b>18-Feb-10</b>	RSA NC	RSA G McCulloch, W Ritchie, J Roach, S Maslowski
	400 Free Relay	3:45.41	<b>18-Feb-10</b>	RSA NC	RSA G McCulloch, W Ritchie, J Roach, S Maslowski
	200 Medley Relay	1:53.60	<b>18-Feb-10</b>	RSA NC	RSA W Ritchie, J Roach, G McCulloch, S Maslowski
	400 Medley Relay	4:08.94	<b>18-Feb-10</b>	RSA NC	RSA W Ritchie, J Roach, G McCulloch, S Maslowski
13-14	50 Free	21.93	<b>2-Dec-05</b>	RSA NC	Ryan Mahoney at 2005 NC NSS 13-14/Senior Winter Invitational
	100 Free	48.01	<b>1-Jan-02</b>	RSA NC	Eric McGinnis
	200 Free	1:43.78	<b>19-Feb-09</b>	RSA NC	Andrew Henry at 2009 NC 14&U Age Group Championships
	500 Free	4:42.45	<b>19-Feb-09</b>	RSA NC	Andrew Henry at 2009 NC 14&U Age Group Championships
	1000 Free	9:49.90	<b>1-Jan-02</b>	RSA NC	Eric McGinnis
	1650 Free	16:27.87	<b>16-Jan-09</b>	RSA NC	Andrew Henry at 2009 NC RSA January Jubilee Meet
	100 Back	53.01	<b>1-Jan-98</b>	RSA NC	Cameron Moccari
	200 Back	1:53.79	<b>1-Jan-98</b>	RSA NC	Cameron Moccari
	100 Breast	1:01.07	<b>19-Feb-09</b>	RSA NC	Andrew Henry at 2009 NC 14&U Age Group Championships
	200 Breast	2:09.92	<b>19-Feb-09</b>	RSA NC	Andrew Henry at 2009 NC 14&U Age Group Championships

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**RECORDS RSA Team Record**

13-14	100 Fly	52.87	<b>16-Mar-06</b>	RSA NC	Andy Lamb at 2006 NC Southern Zone Eastern Sect AG Champs
	200 Fly	1:58.30	<b>1-Jan-00</b>	RSA NC	Ryan Rimmele
	200 IM	1:54.42	<b>5-Mar-09</b>	RSA NC	Andrew Henry at 2009 NC SZ Eastern Section Sr. Champs
	400 IM	4:09.84	<b>19-Feb-09</b>	RSA NC	Andrew Henry at 2009 NC 14&U Age Group Championships
	200 Free Relay	1:32.70	<b>1-Jan-06</b>	RSA NC	RSA A Lamb, M Williams, A Neri, R Mahoney
	400 Free Relay	3:16.86	<b>1-Jan-06</b>	RSA NC	RSA A Lamb, M Williams, M D'Ortenzio, R Mahoney
	800 Free Relay	7:35.85	<b>1-Jan-88</b>	RSA NC	RSA C Rehder, A Bonito, B McDowell, J West
	200 Medley Relay	1:42.65	<b>1-Jan-06</b>	RSA NC	RSA A Lamb, M D'Ortenzio, R Mahoney, A Neri
	400 Medley Relay	3:44.68	<b>1-Jan-00</b>	RSA NC	RSA M McGinnis, A Buegler, K Kluba, M Nowell
15-16	50 Free	21.21	<b>1-Jan-04</b>	RSA NC	Eric McGinnis
	100 Free	46.07	<b>31-Jan-02</b>	RSA NC	Matt McGinnis '02 US Champs Eric McGinnis '04 NC Senior Champs
	200 Free	1:38.84	<b>1-Jan-02</b>	RSA NC	Matt McGinnis
	500 Free	4:32.95	<b>1-Jan-02</b>	RSA NC	Matt McGinnis
	1000 Free	9:27.54	<b>1-Jan-02</b>	RSA NC	Matt McGinnis
	1650 Free	15:46.94	<b>4-Mar-10</b>	RSA NC	Mitch DeForest at 2010 USA Swimming Austin Grand Prix
	100 Back	50.50	<b>1-Jan-02</b>	RSA NC	Matt McGinnis
	200 Back	1:47.97	<b>1-Jan-02</b>	RSA NC	Matt McGinnis
	100 Breast	58.42	<b>1-Jan-06</b>	RSA NC	Ryan Cox
	200 Breast	2:09.03	<b>1-Jan-03</b>	RSA NC	Nathan Farmer
	100 Fly	50.64	<b>1-Jan-08</b>	RSA NC	Andy Lamb
	200 Fly	1:52.68	<b>15-Feb-07</b>	RSA NC	Philip Arve at 2007 NC NCS Senior Championships
	200 IM	1:52.26	<b>1-Jan-02</b>	RSA NC	Matt McGinnis
	400 IM	3:59.23	<b>1-Jan-02</b>	RSA NC	Matt McGinnis
17-18	50 Free	20.60	<b>1-Jan-04</b>	RSA NC	Matt McGinnis
	100 Free	44.36	<b>1-Jan-03</b>	RSA NC	Matt McGinnis
	200 Free	1:36.15	<b>1-Jan-03</b>	RSA NC	Matt McGinnis
	500 Free	4:27.24	<b>21-Mar-06</b>	RSA NC	Will Dove at NCSA Junior Nationals 2006 SCY
	1000 Free	9:13.16	<b>21-Mar-06</b>	RSA NC	Will Dove at NCSA Junior Nationals 2006 SCY
	1650 Free	15:22.22	<b>1-Jan-06</b>	RSA NC	Will Dove
	100 Back	49.19	<b>5-Mar-09</b>	RSA NC	Andy Lamb at 2009 NC SZ Eastern Section Sr. Champs
	200 Back	1:45.94	<b>1-Jan-03</b>	RSA NC	Matt McGinnis
	100 Breast	55.18	<b>1-Jan-06</b>	RSA NC	Jon Roberts
	200 Breast	2:03.21	<b>22-Mar-05</b>	RSA NC	Jon Roberts at 2005 NCSA Jr National Swimming
	100 Fly	49.55	<b>1-Jan-02</b>	RSA NC	Scott Detloff
	200 Fly	1:49.43	<b>1-Jan-00</b>	RSA NC	Max Allen
	200 IM	1:49.80	<b>1-Jan-03</b>	RSA NC	Matt McGinnis
	400 IM	3:53.97	<b>1-Jan-03</b>	RSA NC	Matt McGinnis
	18 & U	200 Free Relay	1:23.72	<b>22-Mar-05</b>	RSA NC
400 Free Relay		3:02.98	<b>22-Mar-04</b>	RSA NC	RSA K Kluba, E McGinnis, S Miltz, M McGinnis
800 Free Relay		6:45.86	<b>22-Mar-04</b>	RSA NC	RSA E McGinnis, K Kluba, W Dove, M McGinnis
200 Medley Relay		1:33.42	<b>22-Mar-05</b>	RSA NC	RSA N Farmer, J Roberts, K Kluba, E McGinnis
400 Medley Relay		3:24.85	<b>22-Mar-04</b>	RSA NC	RSA M McGinnis, N Farmer, K Kluba, E McGinnis
Open	50 Free	20.60	<b>1-Jan-04</b>	RSA NC	Matt McGinnis
	100 Free	44.36	<b>1-Jan-03</b>	RSA NC	Matt McGinnis
	200 Free	1:20.25	<b>29-Jan-04</b>	RSA NC	Kyle Kluba at 2004 NC NCS Senior Championships
	500 Free	4:27.24	<b>21-Mar-06</b>	RSA NC	Will Dove at NCSA Junior Nationals 2006 SCY
	1000 Free	9:13.16	<b>21-Mar-06</b>	RSA NC	Will Dove at NCSA Junior Nationals 2006 SCY
	1650 Free	15:22.22	<b>1-Jan-06</b>	RSA NC	Will Dove

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**RECORDS RSA Team Record**

Open	100 Back	49.19	<b>5-Mar-09</b>	RSA NC	Andy Lamb at 2009 NC SZ Eastern Section Sr. Champs
	200 Back	1:45.94	<b>1-Jan-03</b>	RSA NC	Matt McGinnis
	100 Breast	55.18	<b>1-Jan-06</b>	RSA NC	Jon Roberts
	200 Breast	2:03.21	<b>22-Mar-05</b>	RSA NC	Jon Roberts at 2005 NCSA Jr National Swimming
	100 Fly	48.04	<b>1-Jan-87</b>	RSA NC	Dave Cowell
	200 Fly	1:49.43	<b>1-Jan-00</b>	RSA NC	Max Allen
	200 IM	1:49.80	<b>1-Jan-03</b>	RSA NC	Matt McGinnis
	400 IM	3:53.97	<b>1-Jan-03</b>	RSA NC	Matt McGinnis
	200 Free Relay	1:23.72	<b>22-Mar-05</b>	RSA NC	RSA K Kluba, J Roberts, W Dove, E McGinnis
	400 Free Relay	3:02.98	<b>22-Mar-04</b>	RSA NC	RSA K Kluba, E McGinnis, S Miltz, M McGinnis
	800 Free Relay	6:45.86	<b>22-Mar-04</b>	RSA NC	RSA E McGinnis, K Kluba, W Dove, M McGinnis
	200 Medley Relay	1:33.42	<b>22-Mar-05</b>	RSA NC	RSA N Farmer, J Roberts, K Kluba, M McGinnis
	400 Medley Relay	3:24.85	<b>22-Mar-04</b>	RSA NC	RSA M McGinnis, N Farmer, K Kluba, E McGinnis